

Learning Objectives:

At the conclusion of this learning activity, participants should be able to:

- Discuss ways that psychotherapy can reduce suicide risk through therapeutic interventions that specifically address psychological vulnerabilities of suicidal individuals
- Describe the importance of biomarkers in the study of suicide in relation to new findings about the role of neurotransmitters in suicidality.
- Recommend preventive public health interventions shown to be effective in reducing deaths by suicide.
- Apply interviewing strategies of the Chronological Assessment of Suicide Events (CASE) approach for uncovering suicidal ideation, planning, behaviors, and intent.
- Summarize how implicit cognition can be measured using behavioral tests and how suicide-related implicit cognition can be used to predict suicidal behavior.
- Describe at least two ways to apply the theoretical constructs of the Interpersonal Theory of Suicide to clinical work with patients at risk for suicide.
- Describe and utilize five essential components for the treatment of people who are suicidal.

Continuing Education Credit:

Seven (7.25) Contact/Credit/Clock hours has been designated by The Menninger Clinic for the following disciplines:

Physicians: The Menninger Clinic is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Menninger Clinic designates this live activity for a maximum of **7.25 AMA PRA Category 1 Credit(s)**[™].

Registered Nurses: The Menninger Clinic is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

7.25 contact hours will be awarded at completion.

Psychologists: The Menninger Clinic is approved by the American Psychological Association to sponsor continuing education for psychologists. The Menninger Clinic maintains responsibility for this program and its content. **(7.25 CE credit hours)**

Social Workers: The Menninger Clinic, Provider #4586, is approved by the Texas State Board of Social Worker examiners to offer continuing education for social workers. This activity is offered for **7.25** continuing education credit hours for social workers. We adhere to the Texas State Board of Social Worker Examiners Continuing Education Guidelines.

Licensed Professional Counselors: The Menninger Clinic is an National Board of Certified Counselors (NBCC)-Approved Continuing Education Provider (ACEP™) and a cosponsor of this program. The Menninger Clinic may award NBCC-approved clock hours for events or programs that meet NBCC requirements. The ACEP™ maintains responsibility for the content of this event. This live activity is offered for **7.25** clock hours for licensed professional counselors.

Addiction Counselors: The Menninger Clinic, approved by the Texas Certification Board of Addiction Professionals (TCBAP) Standards Committee, Provider No. 1741-06, seven **(7.25)** hours general. Expires 7/2014. Complaints about provider or workshop content may be directed to the TCBAP Standards Committee, 1005 Congress Avenue, Ste. 460, Austin, Texas 78701, Fax Number (512)476-7297. *Note: Addictions Counselors are required to complete posttest for CE activities > 6 hours.

<p>This live educational activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME). The Menninger Clinic maintains responsibility for this program and its content.</p>
